

# YPAC FOOTBALL

## CONCUSSION & SUDDEN CARDIAC ARREST acknowledgement and signature form for parents and student athletes

Athlete's Name (Please Print): \_\_\_\_\_ Team: \_\_\_\_\_ (U8, U10, U12)

Sport Participating In (If Known): YPAC TACKLE FOOTBALL Date: \_\_\_\_\_

IC 20-34-7 and IC 20-34-8 require schools to distribute information sheets to inform and educate student athletes and their parents on the nature and risk of concussion, head injury and sudden cardiac arrest to student athletes, including the risks of continuing to play after concussion or head injury. These laws require that each year, before beginning practice for an interscholastic sport, a student athlete and the student athlete's parents must be given an information sheet, and both must sign and return a form acknowledging receipt of the information to the student athlete's coach.

IC 20-34-7 states that an interscholastic student athlete, in grades 5-12, who is suspected of sustaining a concussion or head injury in a practice or game, shall be removed from play at the time of injury and **may not return to play until the student athlete has received a written clearance from a licensed health care provider** trained in the evaluation and management of concussions and head injuries, and at least twenty-four hours have passed since the injury occurred.

IC 20-34-8 states that a student athlete who is suspected of experiencing symptoms of sudden cardiac arrest shall be removed from play and may not return to play until the coach has received verbal permission from a parent or legal guardian for the student athlete to return to play. Within twenty-four hours, this verbal permission must be replaced by a written statement from the parent or guardian.

**Parent/Guardian** - please visit [www.YPACSports.com](http://www.YPACSports.com) and navigate to "Parent/Player Info" then "Player Safety" and read the "Concussion Fact Sheet for Parents" & the "Sudden Cardiac Arrest Fact Sheet". Ensure that your student athlete also reads the "Concussion Fact Sheet for Athletes". You may also download or print these fact sheets for your future reference. They are also hanging inside the glass case on the blue barn in the "Safety" display. After reading these fact sheets, please sign below and ensure that your student athlete also signs below. Once signed, return this form with your registration packet.

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I am a student athlete participating in the above mentioned sport. I have went online to [www.YPACSports.com](http://www.YPACSports.com) and read the Concussion Fact Sheet for Athletes & Sudden Cardiac Arrest Fact Sheet. I understand the nature and risk of concussion and head injury to student athletes, including the risks of continuing to play after concussion or head injury.

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Signature of Student Athlete

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Date

I, as the parent or legal guardian of the above named student, have went online to [www.YPACSports.com](http://www.YPACSports.com) and read the Concussion Fact Sheet for Parents & Sudden Cardiac Arrest Fact Sheet. I understand the nature and risk of concussion and head injury to student athletes, including the risks of continuing to play after concussion or head injury.

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Signature of Parent/Guardian

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Date